

# Do you know the symptoms of pancreatic cancer?



Without trying

Unexplained weight loss




That don't flush easily

Changes in your poo



Which may radiate to the back

Upper abdominal pain or discomfort



Yellowing of the skin and whites of the eyes, and/or very itchy skin

Jaundice



Where a woman's bra strap may be and can be eased leaning forward

Mid-back pain or discomfort



Not responding to medication

Indigestion

If you **persistently** experience any of these symptoms, which are **not normal for you**, it is important that you see your GP, speak to your pharmacist or call 111.

Visit [www.panact.org/wales](http://www.panact.org/wales) for more information

☎ 0303 040 1770

✉ [enquiries@panact.org](mailto:enquiries@panact.org)

Saving lives through early diagnosis

