

Risk Factors

for pancreatic cancer



The exact causes of pancreatic cancer are unknown but some factors can **increase your risk**



People with at least two first-degree relatives* diagnosed with pancreatic cancer have **almost double** the risk

*Mother, father, brother or sister



Obesity increases the risk in approximately **12%** of all pancreatic cancers

2x

Diabetics have **double** the risk of developing pancreatic cancer



Other diseases that are associated with an increased risk:

- Chronic Pancreatitis
- Periodontal Disease
- Crohn's Disease
- Previous cancers



Nearly **one third** of cases are attributable to smoking.

Your risk may be reduced to that of a non-smoker after stopping smoking for five years or more

40%

40% of patients diagnosed are under the age of 69

We save lives through early diagnosis

www.pancreaticcanceraction.org | Helpline 0303 040 1770