

The challenge of a lifetime...  
...for the charity of your choice

EDINBURGH



NIGHT RIDE

[edinburgh-nightride.com](http://edinburgh-nightride.com)

18/19 JUNE 2016

Cycle 



# A 50 Mile Magical Moonlight Cycle!

 01244 676 454

 [enquiries@globaladventurechallenges.com](mailto:enquiries@globaladventurechallenges.com)  
 [www.globaladventurechallenges.com](http://www.globaladventurechallenges.com)

GLOBAL  
ADVENTURE  
CHALLENGES  
UK SERIES

# A night to remember on this ride through the streets of Edinburgh - see the sights of this stunning city like never before..

## Your cycling challenge...

...is to cycle 50 miles with a throng of like-minded cyclists, along the twists and turns of the streets of Edinburgh on our Night Ride, lit by the moon and lights of the city.

Taking in the iconic sights of this beautiful city - Arthur's Seat, the Castle, the Forth Bridges - our route has stunning night views of the city.

This is a rare chance to explore the nooks and crannies of the Scottish capital at a time when much of the traffic is abated. Enjoy the tranquillity of the Georgian streets as we pass through in the moonlight.

Jump on your bike and let's get cycling!

To leave your tyre tracks on the streets of Edinburgh simply visit our website at [www.edinburgh-nightride.com](http://www.edinburgh-nightride.com) and register online or complete the enclosed registration form and send it back to us along with your registration fee to the following address:

Global Adventure Challenges,  
Red Hill House, Hope Street, Chester, Cheshire, CH4 8BU.





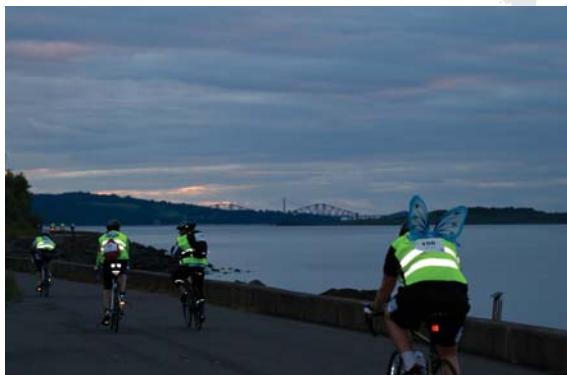
## Your itinerary...

Registration for this event will take place in the early evening at the start venue. There will be two waterstops along the route serving hot and cold drinks, cakes, snack bars, soup, etc.

After the final briefing, we start our epic bike ride at approximately 8pm on Saturday evening, before setting off on our journey through Edinburgh and its fantastic cityscape views. The first section of the route will be done in daylight, going over Arthur's Seat, the highest elevation of the route, then cycling along the coast to our first waterstop; the views will be fantastic!

As well as Arthur's Seat, we'll be taking in some incredible and iconic sights of this beautiful city en route – Holyrood Palace, Scottish Parliament Buildings, the Castle, the Forth Bridges, to name but a few.

After covering 50 miles, we finish our challenge in the early hours of Sunday morning, pedalling triumphantly across the finish line and feeling fantastic!



# Your questions answered...

## Is this trip for me?

ABSOLUTELY! This exciting bike ride is suitable for people of all ages (minimum 18 years old, 14–17 year olds can take part if accompanied by a parent or legal guardian). The one thing everyone will have in common is a great sense of adventure and the desire to help their favorite charity. We expect a lot of people to sign up as individuals, so it will be a great opportunity to meet like minded people. We also accept registrations from groups – contact us for group bookings.

## How fit do I need to be?

This night ride has been designed to be challenging, but achievable by anyone as long as you fitness train beforehand. You are cycling for approximately 50 miles through the night so some previous cycle training will put you in good stead for the challenge. Cycling training tips can be found on the Global Adventure Challenges website to point you in the right direction.

## Do I need specialist kit?

We will send you a kit list of what to bring. We will supply each rider with a high-vis vest. On the night, each participant will need to bring their own bike, helmet and good quality bike lights for this challenge.

## Food and water

There will be two waterstops along the route serving, hot and cold drinks, cakes, snack bars, soup, etc. We cater for all dietary requirements so long as we know in advance – just fill in the appropriate section when you register.

## What sort of back-up is there?

There will be a strong support team with professional Global Adventure Challenges Event Crew. Full, comprehensive medical kits will be taken. A vehicle will follow the group providing assistance if needed, in addition to 'floating' vehicles providing mechanical support along the route.

## What's included?

Fully waymarked route, water and refreshment stops offering complimentary snacks, high vis vest, cycle numbers, medal, mechanics, first aid support, full project management, sweep and support vehicles en route and a whole lot of night-time fun!

## What's not included?

Bicycle hire (bring your own bike), cycling helmet, bicycle lights and personal insurance.

## What happens if I get tired?

There will be two waterstops for drinks and snacks where you can rest during the challenge – there is no problem if you need to take more rest stops. Remember, this is not a race!

## Register online today!

[www.globaladventurechallenges.com](http://www.globaladventurechallenges.com)

## What does it cost to enter?

There are three payment options for this challenge:

### **Payment Option A – Raising the Minimum Sponsorship**

Registration Fee £34 + Minimum Sponsorship £160

You will be required to send 80% (£128) of the minimum sponsorship to your chosen charity at least 6 weeks before the event date. Your charity will be invoiced for the cost of the challenge (£60) at this time. The remaining 20% of sponsorship must be sent to your charity within 4 weeks of completing the challenge.

### **Payment Option B - Self Funding**

Registration Fee £34 + Challenge Balance £60 = £94

An invoice will be sent to you for the challenge balance 6 weeks before the event. This must be paid no later than 4 weeks prior to departure. Although there is no minimum sponsorship required, we ask you to raise as much as you can for your charity.

### **Payment Option C - Total Cost At Registration**

Total cost at registration = £85 per person

You pay the TOTAL discounted cost at registration.

Although there is no minimum sponsorship requirement, we do ask you to raise funds for a charity of your choice.

## How do I go about raising the sponsorship?

Once you have signed up you will receive a fundraising pack from your chosen charity in order to make your fundraising as easy as possible. You will also receive a few tips and ideas from Global Adventure Challenges to help you on your way.

## I'm interested...what do I do now?

Places are limited and go on a first come, first served basis, so try to register as soon as you can! You will need to fill in the enclosed registration form and medical questionnaire and post it back to us along with the registration fee, or THE EASIEST AND BEST WAY TO REGISTER IS ONLINE AT [www.globaladventurechallenges.com](http://www.globaladventurechallenges.com) or [www.edinburgh-nightride.com](http://www.edinburgh-nightride.com)

Take in the iconic sights of Edinburgh on this 50 mile Night Ride!

